

## HELP COMBAT THE SPREAD OF THE FLU!

With flu season in full swing, here are a few points to remember:

- **If your child has flu symptoms (high fever, body aches, headache, cough, and/or sore throat) please do NOT send them to school.**
- **If your child has the flu, please keep them at home.** Please do not give them Tylenol or Motrin and send them to school. Once the medicine wears off those students are feverish and have a hard time concentrating and learning.
- The best way to prevent the spread of influenza is to stay home while you are symptomatic. Wash your hands, stay hydrated, and avoid large crowds.
- Influenza is lasting 5-7 days this year. **Please do not send your child to school until they are fever free for 24 hours without the use of Tylenol or Motrin.**
- If you are concerned about your child missing class instruction time or missing tests, please note that our teachers are flexible and will work with students once they return. Changes to state truancy laws under House Bill 410 were made recently: excused absences for a student's illness no longer result in truancy letters if a doctor's note or documentation is provided for their absence.
- Each evening we clean and sanitize all of our buildings with a disinfectant called Virex.

Please know we take the health and safety of all of our students very seriously and we greatly appreciate the support you provide from home to ensure students come to school each day healthy and ready to learn.